



BCVTA NEWSLETTER March 2026

BCVTA Board Meeting Highlights March 9, 2026

Annual General Meeting

- BCVTA Lawyer is creating proposed Bylaw amendment package
• Member Town Hall dates set for April 18 and April 29
• Discussed Board member terms soon to expire and open positions.

Road to Regulation

- Executive Director is working with Finley and Associates to build a package for the Ministry of Agriculture to advocate for regulatory amendments.
• This work will involve member town halls, interviews with interest groups like veterinarians, pet owners, food animal producers, and animal welfare organizations.
• The Board will continue to support this work moving forward.

2026 Wage and Compensation Survey

- The survey will be live until March 28, 2026.
• We are excited to see the results of the survey and hope for a high completion rate again.

Next Board meeting is Monday, April 13, 2026

By now all members should have received their link to the 2026 Wage and Compensation Survey Finley & Associates. It can take approximately 15-30 minutes to complete, and all responses are confidential.

Once completed, you can submit the activity for 2 CE credits toward your annual CE requirements as an Education Activity. Simply take a screenshot of the final survey screen and upload that as your "CE certificate" when submitting the activity. Enter 2026 Wage and Compensation Survey as the title of the activity.

This year's survey is being completed in collaboration with the other seven provincial associations, which is truly groundbreaking. We are having a friendly competition between the provinces to see which province has the highest response rate. The winner will receive bragging rights until the next survey!



Meet the Keynote Speaker for our 2026 Conference! Keynote: The Path Forward: Navigating Change with Confidence



Lucie Langevin-Neil, RVT, CVPM, PCC

RVT, CVPM, PCC | Covet Coaching

I've spent more than 25 years in veterinary medicine, learning - sometimes the hard way - how to work through change. I started as a receptionist and became a registered veterinary technician, eventually moving into management. I pursued more education along the way to become a Certified Veterinary Practice Manager and a Professional Certified Coach, all while raising four young kids.

Over time, my path shifted. I took the entrepreneur route and founded Covet Coaching, to support veterinary professional step into their potential. I moved across the province to build a quieter life on country property, and I joined the team at Vet Alliance in 2021. Despite all of the wonderful opportunities, life keeps throwing curve balls and I have learned to look inwards for my ability to navigate what comes.

Today, I draw on my experiences as an RVT, manager, coach and human to walk alongside veterinary professionals as they navigate career transitions, leadership roles, and periods of change - with as much clarity, steadiness, and kindness as possible.

www.covetcoaching.ca



Tips from CleverOrcaVT: Increase Focus Using the Pomodoro Technique

If staying focused feels hard, try the Pomodoro Technique—a simple, proven way to boost concentration without burning out. You work in intentional 25-minute blocks followed by a 5-minute break, which helps your brain commit to a manageable chunk of focus rather than an overwhelming hour. Each completed "pomodoro" gives you a small win that builds momentum and confidence.

Those short breaks also matter: they give your brain time to organize and store what you just learned. Once you master 25-5, you can gradually level up to 50-10 focus sessions as your stamina grows. This technique can be especially helpful when studying for your VTNE®.

Fun fact: This technique is named after the kitchen timer that looks like a tomato (pomodoro is Italian for tomato).



WELCOME RECEPTION

Skip the morning line and jump straight into a fun evening with fellow RVTs at the 2026 BCVTA Conference welcome reception. Enjoy a live DJ, tasty refreshments, the RVT Market, games, prizes, and more.



DON'T MISS OUT!! 21 MAY 2026 6:00 PM - 8:00 PM

Location: Richmond Conference Centre

More information: https://site.phoodtop.com/event/bcvta2026/home/

New Member Benefit! Raya Ink 15% Off

Fellow RVT and professional tattoo artist, Raya, is offering a 15% discount on tattoos for BCVTA members. You can meet Raya in person at our 4th annual RVT Market on May 21st at the 2026 BCVTA Conference.

Check out Raya's Instagram to sneak a peek at her flash drawings that will be available at the RVT Market!

Advertisement for Raya Ink 15% off tattoos. Includes text: 'I'M AN RVT AND TATTOO ARTIST BASED IN VICTORIA. WHEN THEY TOLD US IN TECH SCHOOL THAT BEING AN RVT COULD LEAD TO ALL KINDS OF CAREER PATHS... I DON'T THINK THIS IS WHAT ANYONE HAD IN MIND. I'VE WORKED IN RESEARCH, SHELTER MEDICINE, WELFARE, EMERGENCY AND GP - AND THROUGH EVERY CHAPTER, ART WAS MY CONSTANT SIDE GIG. AFTER PAINTING A PORTRAIT OF ONE OF MY PATIENTS, THE OWNER SUGGESTED I TRY TATTOOING - AND I WAS INSTANTLY HOOKED. I'VE BEEN TATTOOING FULL-TIME FOR 3 YEARS AND I AM STILL IN LOVE WITH IT. NOW I GET TO COMBINE THE SKILLS I LEARNED AS A TECH-LIKE STEADINESS AND ATTENTION TO DETAIL WITH MY PASSION FOR ART! I TATTOO IN A RANGE OF STYLES, BUT I'M ESPECIALLY DRAWN TO FANTASY, CREATURES, NATURE-INSPIRED PIECES AND ANYTHING NERDY - OR A LITTLE SPICY! I'M SO EXCITED TO BE TATTOOING AT THE 2026 BCVTA CONFERENCE AND BRINGING MY LITTLE BIT OF ART TO OUR PROFESSION. BCVTA MEMBERS RECEIVE A SPECIAL DISCOUNT! FOLLOW ME ON INSTAGRAM @RAYA\_INK TO LEARN MORE.' Includes QR code and contact info: @RAYA\_INK, DM (INSTAGRAM) @RAYA\_INK, EMAIL: RAYA.TATTOOS@GMAIL.COM

Mark's Commercial 25% Off advertisement. Text: 'Exclusive Limited Time Savings! This offer is valid in-store only. Mark's Commercial is happy to present to: British Columbia Veterinary Technologists Association. Regular priced merchandise. Excludes previous purchases and the purchase of gift cards. March 15 - March 21, 2026. At any Mark's store location across Canada. To ensure you receive your discount, please present a copy of this document to the store staff at time of purchase. Brand exclusions may apply.' Includes barcode and Trivngle Rewards logo.

Mark's is offering a 25% IN STORE discount this week! Show or print the barcode above and utilize this BCVTA special offer until March 21, 2026.

Humane Canada's Summit for Animals advertisement. Text: '90% SOLD OUT. HUMANE CANADA'S SUMMIT FOR ANIMALS. Canada's biggest and boldest animal welfare conference. Presenting Sponsor: PETSMART Charities BY CANADA. WHISTLER, BRITISH COLUMBIA. APRIL 19-21 2026. Includes images of animals and a mountain landscape.

Upcoming CE Events advertisement. Text: 'Continuing education. Upcoming CE Events: April 1, 2026 - BCVTA Understanding CE Requirements; April 11, 2026 - Academy of Veterinary Surgical Technicians 2nd Annual Virtual Symposium; April 19-21, 2026 - Humane Canada's Summit for Animals; May 21-23, 2026 - BCVTA Conference; June 24-26, 2026 - CVMA Conference. Check out the website for more continuing education opportunities!

Keep an eye on the BCVTA Job Board for career opportunities! Don't forget to update or add yourself to the locum directory! Check out the ABVTA locum directory here.

